

***Moving Timeline**

Two Months Before

- **Sort and clear out items.**

Go through every room of your house and decide what you'd like to keep and what you can get rid of. Think about whether any items will need special packing or extra insurance coverage.

- **Research.**

Start looking into moving company options. Get an estimate in writing from each company.

- **Create a moving notebook.**

Use this notebook to keep track of everything—all your estimates, your receipts, and a list of all the items you are moving.

- **Make plans for school records.**

Go to your children's school and plan for their records to be sent to their new school.

Six Weeks Before

- **Collect/order supplies.**

Gather boxes and other supplies such as tape, bubble wrap, and permanent markers. Boxes can be collected for free from stores, friends or family.

- **Use it or lose it.**

Start using up things that you don't want to move, like frozen or perishable foods and cleaning supplies.

- **Take measurements.**

Check room sizes at your new home. Measure to make sure larger pieces of furniture will fit through the door.

One Month Before

- **Choose your mover and confirm the arrangements.**

Pick a moving company and get written proof of your moving date, costs, and other details. If you are moving yourself with the help of friends and family be sure to ask people you know will be there. Let them know dates, times, and what you want them to do.

- **Begin packing.**

Start packing the things that you use least. While packing, note items of special value that you would like extra insurance on from your moving company.

- **Label.**

Label and number each box with what is in it and the room it will be going in. This will help you to keep list of your belongings. Pack and label "open first" boxes of items you will need right away.

- **Keep valuables separate.**

Put jewelry and important papers in a separate box and take them with you the day of the move.

- **Do a change of address.**

Go to your local post office and fill out a change-of-address form, or contact service providers to make the change. You could ask a neighbour to check the mail for you for a few weeks to see if anything got missed.

- **Notify important people/groups.**

Let the following know about your move: banks, your employer's human resources department, magazine and newspapers you subscribe to, and credit card, insurance, and utility companies.

- **Forward medical records.**

If moving to a new area, arrange for medical records to be sent to any new health-care providers or get copies of them yourself. Ask to be referred to health-care providers in the area you are moving.

Two Weeks Before

- **Arrange to be off from work on moving day.**

Plan to move on a day you have off from work or let your workplace know that you will be moving and need the day off.

- **Contact the moving company or truck rental company.**

Check to make sure you have the movers or truck booked, and that no double booking has happened.

One Week Before

- **Refill prescriptions.**

Refill prescriptions you will need during the next couple of weeks.

- **Pack your suitcases.**

Try to finish your packing a few days before your moving date. Then pack suitcases for everyone in the family with enough clothes to wear for a few days.

A Few Days Before

- **Defrost the freezer.**

If your refrigerator is moving with you, make sure to empty, clean, and defrost it at least 24 hours before moving day.

- **Double-check the details.**

Make sure you know the arrival time of whomever is moving you and they know how to get to your home. If renting a truck, find out what time the truck will be ready for you to pick up and when it needs to be returned.

- **Plan for the payment.**

Know when and how you need to pay. If you need to pay ahead of time be sure to do so or you may lose your booking.

Moving Day

- **Confirm.**

Make sure that the moving truck that shows up is from the company you hired and that they know where the items are being moved to.

- **Take inventory.**

Before the movers leave, sign the item list and keep a copy. If you are moving yourself, have your own item list with box numbers to keep track of your things and make sure nothing is left behind or lost.